

**International Karate Organization Kyokushinkai Uganda**  
**Guidance of the belt promotion test**

Acknowledgement of belt promotion is a member's training turning point and guide point on how to be promoted from the white belt to the black belt. We will award you with a new belt and a certificate once you pass the requirements for training skills and effort. Once you receive your new belt, you will then be more confident and more conscious which will be your guide point for the next stage. As you go to the next stage, it will get more difficult as you take the belt promotion tests and join in the competitions. We hope that you do your best as you target the black belt, slowly and step by step when you join Kyokushin Uganda. Please read this guide very well and prepare for the belt promotion test. Remember that the most important thing is to be devoted and serious in every practice.

< Chairman of Kyokushin Uganda Fujihiko Ishihara >

**Annual the belt promotion test** : The belt promotion held annually for the months (Feb, May, Aug, and Nov). The black belt promotion test will be held in November only.

**Notification** : We will notify you two months before on our official website and Facebook page.

**Requirements** Below are the list of the requirements. Please do confirm with us your preferred schedule for the test so that we can reserve the time and please do follow the requirements.

Requirement of the belt promotion test				
Present kyu	Attendance	Attendance of training camp	Participation of Summer or Winter camp	Age
No kyu (white)	30days	—	—	Over 4years old
10 kyu (Orange)	30days	—	—	
9 kyu (Orange with line)	40days	—	—	Over 4years old
8 kyu (Blue)	40days	—	—	Over 4years old
7 kyu (Blue with line)	50days	—	—	Over 4years old
6 kyu (Yellow)	50days	—	—	Over 4years old

5 kyu (Yellow with line)	60days	—	Since started karate at least 1time	Over 4years old
4 kyu (Green)	70days	After promoted at least 1time	—	Over 4years old
3 kyu (Green with line)	100days	Before promotion test at least half year 2times	—	Over 7 years old
2 kyu (Brown)	120days	Before promotion test at least yearly 5times	—	Over 8 years old

◎Attendance…Please calculate from previous belt promotion test to the next belt promotion.

Ex) If you qualify in May you need to attend the class in inquiry days to be able to meet the deadline for the next belt promotion test in November.

※The attendance is a requirement of the belt promotion test. Even if clear the attendance, you have not yet passed the belt promotion test.

※A tournament, the belt promotion test and the training camp are excluded in the attendance.

※ **【Inquiry of attendance】** You should calculate your attendance primarily. In case of anything, please ask management via e-mail.

postmaster@kyokushin-uganda.com

**How to apply** : Fill out the application form and bring it to the management, together with the fee (20,000/=), on or before the deadline.

※You may get the application form by downloading it from the website.

**Examination items** : Please check out our syllabus or visit the website.

**Bring goods** : Uniform, protectors, towel and pen.

**Deadline of the application** : Please check the application form for the deadline and please try to submit it as soon as possible.

※After the submission of the application, we will not refund the belt promotion test fee.

**Results of promotion** : A list of the results can be found on our website or facebook page after a few days.

**Certificate** : We can award a certificate to participants before or after the class.

※If you are promoted, please buy a new belt. You should raise your consciousness.

### **Challenge skipping promotion**

- ① **Skipping promotion:** If you have a perfect attendance in period up to the next belt promotion test, you can challenge the skipping promotion test.
- ② **Challenge the black belt promotion test:** If you have a perfect attendance in whole the year, you can challenge the black belt promotion test. This plan is for the Brown belt only.

※Even if clear the inquiry, you have not yet passed the belt promotion test.

**Announcement** We'll inform you on our official website and Facebook page. We always inform you about the latest news. Please visit our official website.

Thanks.

Management of Kyokushin Uganda. Oath